

Aromatherapy

Assessment Task

The assessment for Aromatherapy is composed of a single assessment task which is due by the dates listed below.

Task number	Task name	Due date
1	Practical Assessment	18 June, 2009

You will be given feedback on completion of the assessment.

If you are unsuccessful the resit policy will be applied.

Resources

Class notes & readings
Bill Robertson Library
Textbooks
Internet

Aromatherapy

Demonstrate knowledge of the principles of aromatherapy

Demonstrate knowledge of an introductory range of essential oils and carrier oils for aromatherapy

Blend essential oils and carrier oils to create a synergistic blend

Use essential oils and carrier oils for topical application and inhalation

Practical Assessment

In this assessment you must work with one of your classmates in the classroom. With your “client” you will be required to

- Interview your “client”
- Create a synergistic aromatherapy blend
- Apply this blend to your client

Interview your client

In your client interview you must determine your client’s goals for treatment and medical condition.

You must then describe the findings of your interview to the assessor (including client goals, medical condition and contraindications).

Create a synergistic aromatherapy blend

You must create a synergistic aromatherapy blend based on your client’s goals & medical conditions.

You must then describe the makeup of your blend including base and essential oils to your assessor. Your assessor will consider how consistent the stated purpose of the blend is with the principles of aromatherapy and the qualities of the essential oils chosen.

Apply essential oils

You must apply your essential oil blends to your “client” through either massage application or inhalation. When considering the method and site of application please ensure that you take your client’s goals and medical condition into account.

Your assessor will ask you to describe how you would change your blend and/or method of application to accommodate the needs of one of the following client groups.

- Pregnancy
- Babies and children
- Elderly
- People with a diagnosed or undisclosed health condition

Resources

This is an open-book test, meaning that you are allowed to refer to any notes and/or textbooks that may be of use.

You are expected to provide your own drapes, bolsters and an inhalation bowl.

Otago Polytechnic will provide a range of essential oils for your use.

Marking Criteria

The assessment schedule for this piece of assessment which contains all of the marking criteria for this assessment is contained in the Case Study tab of the file named *Aromatherapy classroom AS.doc*.